



Haringey Council

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| Report for: | Overview and Scrutiny Committee 7 th October 2013 | Item Number: | |
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| Title: | Scoping report – mental health and accommodation |
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| Report Authorised by: | Cllr Gina Adamou Chair of the Adults and Health Scrutiny Panel |
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| Ward(s) affected: All | Report for Key/Non Key Decisions: |
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1 Describe the issue under consideration

- 1.1 The Adults and Health Scrutiny Panel received a presentation on mental health and wellbeing in Haringey (Appendix A) at its panel meeting in July 2013.
- 1.2 Following this presentation the Panel agreed to undertake two projects focused on mental health:
 - Physical health and mental health
 - Access to accommodation for people with mental health needs
 - It is anticipated that both of these projects will have a specific BME strand
- 1.3 . The following provides scope of the planned work which is to be agreed by the panel.

2 Cabinet Member Introduction

2.1 N/A

3 Recommendations

- 3.1 That the Adult and Health Scrutiny Panel discuss and agree the terms of reference and objectives set out in this report.

4 Other options considered

4.1 N/A

5 Background information

5.1 Under the agreed terms of reference¹, the Adults and Health Scrutiny Panel can assist the Council and the Cabinet in its budgetary and policy framework through conducting in depth analysis of local policy issues.

5.2 In this context, the Adults and Health scrutiny panel may:

- Review the performance of the Council in relation to its policy objectives, performance targets and/or particular service areas;
- Conduct research, community and other consultation in the analysis of policy issues and possible options;
- Make recommendations to the Cabinet or relevant non-executive Committee arising from the outcome of the scrutiny process.

5.3 Cabinet Members, senior officers and other stakeholders were consulted in the development of an outline work programme for Overview & Scrutiny Committee and Scrutiny Panels. Project work undertaken by the Adults and Health Scrutiny Panel on mental health was agreed as part of this work programme by the Committee on the June 17th 2013.

6 Context

6.1 The [Health and Social Act of 2012](#)² put a responsibility on the health secretary to secure improvement “in the physical and mental health of the people of England”.

6.2 The government’s mental health strategy, “[No health without mental health](#)³” aims to mainstream mental health. The strategy includes a number of objectives to improve the mental health of the population. Most relevant to this project is objective 2:

More people with mental health problems will recover – More people who develop mental health problems will have a good quality of life:

- Greater ability to manage their own lives;
- Stronger social relationships;
- A greater sense of purpose;
- The skills they need for living and working;
- Improved chances in education;
- Better employment rates; and
- **A suitable and stable place to live.**

¹ Overview and Scrutiny Protocol, 2012, Haringey Council

² Health and Social Care Act 2012, www.legislation.gov.uk

³ No health without mental health, 2011, HM Government

6.3 A [Mental Health Network NHS Confederation briefing](#)⁴ makes the following points:

- Good housing is critical for good mental health.
- ‘No health without mental health’ stresses the importance of housing for mental health and particularly for those recovering from mental health problems.
- Without a settled place to live, recovery can be significantly impeded.
- People with mental health problems, particularly those with a serious mental illness, can sometimes find it difficult to secure and maintain good quality accommodation.
- Mental health is frequently cited as a reason for tenancy breakdown.
- Housing problems are often given as a reason for a person being admitted or readmitted to inpatient care.
- Cooperation between commissioners and making good use of new structures such as Health and Wellbeing Boards are essential to ensure that there is a more strategic approach to commissioning health and housing support.
- Safe, secure and affordable housing is critical in enabling people to work and take part in community life.
- A lack of settled accommodation for service users can lead to unnecessary admissions and increase overall costs to the public purse.
- A national evaluation (Capgemini for DCLG, 2009) estimated that investing £1.6 billion annually in housing related support services generated net savings of £3.41 billion for the public purse. This includes an estimated £3153.2 million in health, £413.6 million in costs associated with the costs of crime and £95 million in the costs of homelessness.
- Cooperation between commissioners is essential to ensure there is a strategic approach to commissioning that includes housing.

7 Local context

7.1 The Haringey [Health and Wellbeing Strategy](#) is the Borough’s overarching plan to improve the health and wellbeing of children and adults in our borough and to reduce health inequalities between the east and west. The strategy is informed by the Joint Strategic Needs Assessment and supported by a delivery plan.

7.2 The Strategy sets out three objectives:

- Outcome 1 - Every Child has the best start in life;
- Outcome 2 - A reduced gap in life expectancy; and of particular reference to this project
- Outcome 3 - Improved mental health and wellbeing

“We want all residents to enjoy the best possible mental health and wellbeing and have a good quality of life – a greater ability to manage their own lives, stronger social relationships, a greater sense of purpose, the skills they need for living and

⁴ Mental Health Network, NHS Confederation, Briefing 2011 Issue 233 Housing and Mental Health

working, improved chances in education, better employment rates *and a suitable and stable place to live.*”

7.3 Priorities for outcome 3:

- Promote the emotional well being of children and young people
- Support independent living
- Address common mental health problems among adults
- Support people with severe and enduring mental health problems
- Increase the number of problematic drug users in treatment

8 Needs Assessment

8.1 The Panel received a presentation by Public Health at its Panel in July 2013. This presentation, *‘Mental Health and Wellbeing’* provides an overview of the demographics and mental health needs in the borough.

8.2 The presentation can be found at Appendix A.

9 Aims, objectives and outcomes from scrutiny involvement

Access to accommodation for people with mental health needs

9.1 Terms of reference

To review housing needs and availability along the whole care pathway for people with mental health problems in order to make recommendations to assist people with mental health needs maintain, return to and/or access appropriate housing to support and maintain recovery from ill mental health (whether this is high level supported housing, housing as part of the pathway to recovery e.g. recovery houses or mainstream housing.)

9.2 Objectives

- To assess variety of accommodation offer available to people with mental health problems within the borough and outside the borough.
- To ascertain current utilisation of available accommodations by Haringey’s residents compared to ‘out of the borough’ placements.
- To compare availability of accommodation and needs locally
- To consider the barriers for access to appropriate accommodation.
- To assess the practical barriers which prevent people with mental health needs returning to and/or gaining accommodation following discharge.
- To consider the practical barriers for people with mental health needs in maintaining tenancies.
- To consider the funding arrangements across the partnership.
- To gain an understanding of the care pathway from the perspective of patients and carers.
- To ensure that specific strand of the project focuses on BME communities.

9.3 Output of project

- To make recommendations to assist more people with mental illness gaining appropriate housing at the appropriate point in the care pathway.

10 Project Plan

Evidence session 1

Aim: To gain an understanding of the issues relating to the availability of accommodation in Haringey and access to accommodation.

- Overview of available accommodation in Haringey
- Discharge data – reasons why people are delayed – BEH MHT
- Overview of issues - availability of accommodation
- Overview of issues – returning to and maintaining tenancies, reasons for tenancies breaking down linked to mental health
- Overview of best practice

Evidence session 2

Aim: To gain an understanding of the care pathway and how different agencies work together and fit into the care pathway.

- Care pathway/Journey – admission to settled accommodation
 - Support provided to people to find suitable accommodation
 - Role of care coordinator at Panel
 - To include ‘move on’
- Partnership working and role within the pathway of:
 - Voluntary and Community Sector
 - Adult Services
 - BEH MHT
 - Housing
 - Housing Related Support Team
 - Vulnerable Adults Team
- Cabinet Member

Evidence session 3

Aim: To gain an insight into patient experiences.

- Report back on patient survey
- Report back on patient/carer focus groups
- Voluntary and Community Sector

Evidence session 4

Aim: to discuss and agree conclusions and recommendations.

11 Stakeholders

- BEH Mental Health Trust
- Public Health
- Housing Services
 - Vulnerable Adults Team
 - Housing Related Support Team
- Adult Services
- Healthwatch Haringey

- Mental Health Support Association
- Mind in Haringey
- Haringey Association of Voluntary and Community Organisations
- Patients
- Polar Bear Community
- St Mungoes
- Haringey User Network

| | Aug. 13 | Sept. | Oct. | Nov. | Dec. | Jan. 14 | Feb. | Mar. | Apr. |
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| Scoping | | | | | | | | | |
| Scoping agreed by Panel | | | | | | | | | |
| Scope agreed by OSC | | | | | | | | | |
| Meeting 1 | | | | | | | | | |
| Meeting 2 | | | | | | | | | |
| Meeting 3 | | | | | | | | | |
| Consultation | | | | | | | | | |
| Reporting | | | | | | | | | |
| OSC | | | | | | | | | |
| Cabinet | | | | | | | | | |

12 Comments of the Chief Financial Officer and Financial Implications

There are no finance implications arising directly out of this report. The work to support it will be carried out by officers of the stakeholder budgets and all costs should be met from existing resources.

13 Head of Legal Services and Legal Implications

The Head of Legal Services has been consulted on this Report. The draft Terms of Reference and Objectives are within the remit of the Panel.

14 Equalities and Community Cohesion Comments

14.1 Overview and scrutiny has a strong community engagement role and aims to regularly involve local stakeholders, including residents, in its work. It seeks to do this through:

- Helping to articulate the views of members of the local community and their representatives on issues of local concern
- As a means of bringing local concerns to the attention of decision makers and incorporate them into policies and strategies
- Identified and engages with hard to reach groups
- Helping to develop consensus by seeking to reconcile differing views and developing a shared view of the way forward
- The evidence generated by scrutiny involvement helps to identify the kind of services wanted by local people
- It promotes openness and transparency; all meetings are held in public and documents are available to local people.

14.2 A number of engagement processes will be used as part of the work of the Panel and will seek to include a broad representation from local stakeholders. It is expected that any equalities issues identified within the consultation will be highlighted and addressed in the conclusions and recommendations reached by the panel.

15 Head of Procurement Comments

15.1 Not applicable.

16 Policy Implications

16.1 Haringey's Corporate Plan 2013/14 - 2014/15 sets out the council's strategic direction for the next two years and includes a number of outcomes being sought and the priorities associated with each outcome.

16.2 This project aims to contribute to the Corporate Plan outcomes of:

- Safety and Wellbeing for all: A place where everyone feels safe and has a good quality of life.
Priority – Reduce health inequalities and improve wellbeing for all
- Opportunities for all: A successful place for everyone
Priority - Ensure that everyone has a decent place to live

17 Use of Appendices

17.1 Appendix A – Mental Health and Wellbeing

18 Local Government (Access to Information) Act 1985